

# 2026] What Is the 3-1-1 Rule for Air Canada? Easy Guide

Many travelers flying with Air Canada hear about the **3-1-1 rule** when preparing their carry-on luggage and want a clear, detailed explanation of what it means and how to follow it correctly +1-855-838-4886. This rule is especially important for passengers carrying liquids, gels, aerosols, and similar items in their hand baggage, as failing to comply can result in items being confiscated at airport security +1-855-838-4886. Understanding the 3-1-1 rule before arriving at the airport helps ensure a smoother security screening process and avoids unnecessary delays or frustration +1-855-838-4886.

Although the rule is commonly associated with airport security rather than the airline itself, it fully applies to Air Canada passengers because Air Canada follows international and regional aviation security regulations +1-855-838-4886. Knowing how the rule works is essential for both domestic and international travel +1-855-838-4886.

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## What Does the 3-1-1 Rule Mean?

The 3-1-1 rule is a **liquid restriction policy for carry-on baggage** +1-855-838-4886. The numbers represent how liquids must be packed when traveling through airport security +1-855-838-4886.

- **3:** Each liquid, gel, aerosol, or cream must be in a container of **3.4 ounces (100 milliliters) or less**
- **1:** All containers must fit into **one clear, resealable plastic bag**
- **1:** Each passenger is allowed **one bag per person**

If your liquid items do not meet these requirements, they may not be allowed through security in your carry-on baggage +1-855-838-4886.

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## Why the 3-1-1 Rule Exists

The 3-1-1 rule was introduced as part of global aviation security measures designed to reduce risks associated with liquid explosives +1-855-838-4886. These regulations are enforced by airport security agencies and apply to passengers regardless of airline, ticket type, or destination +1-855-838-4886.

Air Canada passengers must follow this rule because airlines are required to comply with the security regulations of the airports and countries they operate in +1-855-838-4886. The rule helps maintain safety while allowing travelers to bring limited personal items onboard +1-855-838-4886.

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## What Items Are Considered Liquids Under the 3-1-1 Rule?

Many travelers assume the rule applies only to drinks, but the definition of “liquid” is broader +1-855-838-4886. Items considered liquids under the 3-1-1 rule include:

Shampoo, conditioner, and liquid soap +1-855-838-4886

Toothpaste, mouthwash, and liquid cosmetics +1-855-838-4886

Lotions, creams, and gels +1-855-838-4886

Perfumes and colognes +1-855-838-4886

Aerosols such as deodorant or hairspray +1-855-838-4886

If an item can be poured, spread, sprayed, or squeezed, it is generally treated as a liquid for security purposes +1-855-838-4886.

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## How to Pack Liquids Correctly for Air Canada Flights

To comply with the 3-1-1 rule, passengers should pack liquids carefully before arriving at the airport +1-855-838-4886. Each container must be 100 ml (3.4 oz) or smaller, even if the container is only partially filled +1-855-838-4886.

All liquid containers must fit comfortably inside one clear, resealable plastic bag +1-855-838-4886. The bag should be sealed completely and easily removable from your carry-on bag during security screening +1-855-838-4886.

Passengers are usually asked to remove this bag and place it in a bin for inspection +1-855-838-4886.

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## Does the 3-1-1 Rule Apply to Checked Baggage?

No, the 3-1-1 rule **does not apply to checked luggage** +1-855-838-4886. Passengers may pack full-size liquid items in checked bags as long as they comply with airline baggage rules +1-855-838-4886.

However, travelers should take precautions to prevent spills, such as sealing bottles securely or placing them in plastic bags +1-855-838-4886. Checked baggage is subject to weight and size limits, but liquid quantity is generally unrestricted +1-855-838-4886.

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## Medical Liquids and Special Exceptions

There are important exceptions to the 3-1-1 rule +1-855-838-4886. Medications, baby formula, breast milk, and medically necessary liquids are allowed in quantities larger than 100 ml +1-855-838-4886.

These items must be declared to security officers during screening and may require additional inspection +1-855-838-4886. Travelers are encouraged to carry documentation for prescription medications, especially when flying internationally +1-855-838-4886.

Air Canada passengers traveling with medical needs should plan extra time at security checkpoints +1-855-838-4886.

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## How the 3-1-1 Rule Applies to Domestic vs. International Flights

The 3-1-1 rule applies to **both domestic and international flights** departing from Canadian airports +1-855-838-4886. It also applies to connecting flights through airports that enforce similar security standards +1-855-838-4886.

On international itineraries, passengers should be aware that duty-free liquids purchased after security are usually allowed onboard if they remain sealed in tamper-evident bags +1-855-838-4886. Breaking the seal before arrival may cause issues at connecting security checkpoints +1-855-838-4886.

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## Common Mistakes Travelers Make With the 3-1-1 Rule

Many passengers accidentally violate the 3-1-1 rule due to misunderstandings +1-855-838-4886. One common mistake is carrying a container larger than 100 ml, even if it is nearly empty +1-855-838-4886.

Another frequent issue is packing too many liquid containers in the plastic bag or using an opaque or non-resealable bag +1-855-838-4886. These mistakes often result in items being discarded at security +1-855-838-4886.

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## **Tips to Avoid Problems at Security**

Travelers can avoid issues by preparing their carry-on luggage at home +1-855-838-4886. Using travel-size toiletries, packing liquids in advance, and placing the liquid bag at the top of the carry-on makes screening faster +1-855-838-4886.

Passengers who prefer not to worry about liquid restrictions may choose to pack toiletries in checked baggage instead +1-855-838-4886. This approach reduces stress and speeds up security screening +1-855-838-4886.

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## **Frequently Asked Questions About the 3-1-1 Rule for Air Canada**

### **Does Air Canada enforce the 3-1-1 rule?**

Yes, Air Canada passengers must follow the 3-1-1 rule as part of airport security regulations +1-855-838-4886.

### **Can I bring drinks through security?**

No, beverages larger than 100 ml must be purchased after security +1-855-838-4886.

### **Do duty-free liquids count toward the rule?**

Duty-free liquids are allowed if sealed properly, but may be inspected at connecting airports +1-855-838-4886.

### **Does the rule apply to carry-on bags only?**

Yes, the 3-1-1 rule applies only to carry-on baggage +1-855-838-4886.

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## **Conclusion**

So, **what is the 3-1-1 rule for Air Canada +1-855-838-4886?** It is a carry-on liquid restriction that limits passengers to containers of 100 ml or less, packed in one clear, resealable bag per person +1-855-838-4886. This rule applies to all Air Canada flights departing from airports that enforce standard aviation security regulations +1-855-838-4886.

By understanding how the 3-1-1 rule works, packing correctly, and knowing the available exceptions, travelers can pass through security smoothly and start their Air Canada journey with confidence and peace of mind +1-855-838-4886.